

# Patient Information

## **Skin Care Products Available at Carolina Eye**

Carolina Eye Associates has long been recognized as one of the premier eye care centers in the United States, providing a full spectrum of high-quality medical and surgical eye care services. What many patients don't know is that we've also helped thousands of people achieve the appearance they desire through eyelid and facial cosmetic treatments and surgery.

Many skin imperfections including excess facial skin, acne scarring, age spots, wrinkles, and sun damage can be treated with procedures and products offered at Carolina Eye Associates. In fact, some of the lasers and medical treatments like Botox that are used in cosmetic procedures have been used to treat eye patients over the last 30 years.

Our cosmetic patients know that Carolina Eye offers a discrete alternative for their medical, laser and surgical treatments. This includes the medical and laser expertise of Dr. Anna Fakadej who has extensive experience with Botox, dermal fillers, and laser treatments. Plus, with the expertise of Dr. Jeff White, an ophthalmic plastic surgeon, you know you are getting a doctor who specializes exclusively in surgery and reconstruction of the eyelids, eye orbit and tear duct system. Because of the unique training of this specialty, ophthalmic plastic surgeons are the most qualified practitioners to perform surgery around the eyes.

### **Theraderm Skin Renewal System**

The Theraderm Skin Renewal System provides a simple, daily regimen using four products that ensure healthy, younger looking skin. Each step is scientifically engineered and provides a unique function to nurture your skin to achieve its most healthy condition. The Skin Renewal System includes; Cleansing Wash, Fruit Acid Exfoliant, OPC Reparative Gel, and your choice of moisturizers. These four products work in harmony to battle fine lines, rough, dry skin, and sun damage.

The system may be purchased in a trial size kit, full size kit or individually.

#### Cleansing Wash

Cleanliness is the first step towards healthy skin. This Cleansing Wash is not a soap but a superior, mild foaming gel that uniquely loosens skin oils, deposits, cellular debris and even residue from other make-up cleansers. This allows thorough,

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gentle cleansing without drying, purifying the skin. The Cleansing Wash is for all complexions and is exceptional for sensitive or laser/peel irritated skin.

### Fruit Acid Exfoliant

This prescription strength lactic acid gently and naturally allows the outer layers of dry skin to release and shed over a few days. The release of old dry skin stimulates new cell growth in the skin's basal layers. These new cells have far more healthy roundness and elasticity creating a more youthful appearance. Lactic acid has been shown to more effectively stimulate new collagen and elastic fiber production than other alpha hydroxy acids with less irritation and no toxicity.

### OPC Reparative Gel

The OPC Reparative Gel heals and rejuvenates sun-damaged and aging skin. Along with the soothing benefits of aloe vera and Vitamin E, it contains oligomeric proanthocyanadin (OPC), proven to be the most effective antioxidant known to protect and repair the skin's collagen and elastin. This unique serum minimizes the visible effects of aging, stress, and other environmental factors.

OPC is completely oil-free, yet it attracts moisture to the skin through the powerful humectant action of hyaluronic acid, nourishing and conditioning the skin to create a stunning, more youthful appearance.

### Moisturizer

After cleansing, exfoliating and ensuring free radical protection, the skin is ready for moisturizing and the restoration of the lipid barrier. Personalize your Skin Renewal System by selecting either the Enriched or Gentle facial moisturizer.

The Enriched moisturizer contains lanolin, which absorbs into the skin and restores softness and suppleness naturally by penetrating the deepest layers of the skin to replenish the skin's own natural moisture barrier.

The Gentle Facial Moisturizer is excellent for sensitive or combination skin, and is lightweight and lanolin free.

### **Peptide Repair Crème**

The Peptide Repair Crème contains 3 patented peptides from natural sources to increase skin firmness and smoothness, reducing wrinkle width and depth. This exclusive combination of ingredients, enhance and amplify the skin's own beauty as well as the effects of professional anti-aging procedures such as Botox, collagen and photo-therapy treatments.

### **Peptide Repair Eye Crème**

Because the delicate eye area doesn't have oil glands, it is one of the first areas to show signs of aging. Peptide Repair Eye Crème stimulates collagen production and helps to reduce the appearance of three things we all dislike; wrinkles, dark circles

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and puffiness. Patented soluble keratin peptides from natural sources increase collagen production leading to restored thickness of skin thinned by aging.

### **NuPeel Facial Peel**

NuPeel is a natural peeling gel that combines research principles with cell biology for an amazing product that reverses the visible appearance of each of the seven signs of aging. NuPeel instantly removes rough, dry keratin surface cells by naturally loosening the glue-like attachments of dead cells to leave behind soft, smooth, pliable skin. Perfect for legs, hands, elbows, feet and face and neck, too.

### **Platinum Protect Sunscreen**

Sun protection is a must in order to keep your skin looking healthy. That's why Therapon Skin Health created Theraderm Platinum Protection, a 30+ UVA/UVB (Broad Spectrum) oil-free sunblock. The special water-resistant formulation will not produce a white sheen, color or residue and will not sting eyes. The 7.5% transparent micronized zinc oxide, 7.5% Octinoxate and 2.0% Octisalate were chosen specifically to protect your skin from the most damaging rays.

### **Reversion Two Step Acne Control System**

Whether you've battled acne for a lifetime or are suddenly experiencing bouts of breakouts, the Reversion Acne Control System is the solution for you. This scientifically-based two-step system prevents acne and controls breakouts. The Reversion Antimicrobial Wash rids the skin's surface of 99.9% of all bacteria for up to 12 hours, decreasing the chances of infection. The Reversion Acne Medication combines salicylic acid and lactic acid to stimulate the skin's natural process of exfoliation, removing dead skin cells and oily subaceous debris from the oil glands to control other acne factors.

### **Neova Kojic Complex Gel**

Skin Lightening and Color Evening System

Kojic acid, renowned in Japan for its skin lightening capabilities, is combined with a blend of alpha hydroxy acids for evening of skin tone. It is formulated to benefit all skin types with areas of blotchiness or uneven skin tone. The product fades areas of blotchiness, evens skin tone, and is an excellent alternative to hydroquinone or during hydroquinone intermission. The exfoliating properties of AHAs enhance the penetration and effectiveness of kojic acid.

### **In Closing**

Whether you choose to come to Carolina Eye for your eye care or aesthetic needs, it is our goal to give you the best medical care available topped with compassion and personalized attention.

It's no wonder that facial rejuvenation today is sought by a growing number of people who want to improve facial harmony or rejuvenate premature signs of

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aging. If that's what you are looking for, then Carolina Eye is for you. At Carolina Eye, you'll not only see better, you'll also look better and feel better too.

### **Where can I get more information?**

For more information, visit us at [www.carolinaeye.com](http://www.carolinaeye.com) or contact our patient services counselor by phone at 910.295.1501 or 800.733.9355, or by email at [info@carolinaeye.com](mailto:info@carolinaeye.com).

If at any time you need to reach our main center, please call 910.295.2100 or 800.733.5357.

*Information obtained from [www.therapon.com](http://www.therapon.com)*